

BICYCLE SAFETY TIPS



EQUIPMENT CHECK

- Always wear a properly fitted and secured helmet.
- Inflate & check tires and ensure brakes are functioning properly.
- Be seen!! Wear bright or reflective clothing while riding, install reflectors on your bicycle, refrain from biking at nights when possible, and always ensure your bicycle light is working.
- A bike lights that is visible at a distance 500 feet and reflectors are required for riding at night.

** Need extra light? We offer free bicycles lights & wrist bands at the PD!*



BICYCLE OPERATION

- Keep both hands on handle bars and have control of your bike.
- Look and listen! Ensure you are able to hear and see your surroundings. This means removing earphones and any visual obstructions.
- Watch for hazards that may cause you to lose control: potholes, glass, gravel, debris, and animals.
- Do not make sudden movements, such as swerving, turning without signaling and looking, or riding into traffic.



RULES OF THE ROAD

- Travel with the flow of traffic & stay in the bike lanes (or along the curb if no bike lanes are available)
- Obey traffic laws
- Use hand signals and always look before turning and at all intersections
- If riding on the sidewalk always keep an eye out for people and pets around you and when passing lower your speed, use caution and give an audible signal.

Need a helmet?

Our officers have free helmets and are certified to find the best fit. Please contact us at (561) 768-0505 with any questions or to schedule a fitting.

